

# SEM MANOR NEWS

Volume 14 / March 1, 2009

## Welcome New Residents

**SUSAN GLEDHILL**



**Happy St. Patrick's Day**

## **Famous March Birthdays**

- 3/1 – Harry Caray
- 3/6 – Ed McMahon
- 3/10 – Carrie Underwood
- 3/12 – Mitt Romney
- 3/16 – Chuck Woolery
- 3/16 – Glenn Close
- 3/20 – Fred Rogers
- 3/21 – Matthew Broderick
- 3/24 – Harry Houdini
- 3/25 – Aretha Franklin
- 3/26 – Nancy Pelosi

## March Birthdays

- 3/4 – Karen Wilson
  - 3/8 – Jay Spiess
  - 3/8 – Faye Palmer
  - 3/12 – Donald Geiger
  - 3/14 – Eva Clock
  - 3/14 – Joseph Logsdon
  - 3/16 – Gwendolyn Hummons
  - 3/16 – Susan Gledhill
  - 3/17 – Patricia Taylor
  - 3/17 – John Polson
  - 3/23 – Sharon Kurz
  - 3/26 – Nikki Dewitt
  - 3/26 – Dolores Sunday
  - 3/26 – Elaine Maxwell
  - 3/27 – Judy Schumacher
  - 3/28 – Anna Brothers
  - 3/29 – Rebecca Smith
  - 3/29 – Doris Salyers
- Happy Birthday everyone!**



## **Birthday Bingo for March Birthdays:**



Will be held in the Community Room, at 11:30 a.m. This month is Sponsored by:

St. Thomas More Church  
800 Ohio Pike  
Cincinnati, OH 45245

Remember to turn your clocks ahead one hour on March 8<sup>th</sup>

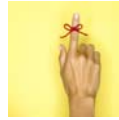


A reminder to the Women of SEM Manor. If you are interested in having a mammogram done here on May 11<sup>th</sup> please contact Michelle in the office by March 20<sup>th</sup> – we need a minimum of 15 people for Jewish Hospital unit to come.



**Regular Activities**

- Monday, Tuesday & Thursday – Cards at 6:30pm
- Tuesday – Rosary/Communion at 10:00am
- 11:30 - Busy Hands once a month (soup and drinks) bring a sandwich
- Wednesday – Bingo at noon
- Thursday – Grocery Shopping at 9:30am (Check the board for location)
- Saturday – Bingo at 7pm



Reminders:

MARCH 26TH - 9 AM HEAT DETECTOR TESTING SOUTH WING ONLY – THEY WILL NEED TO COME INTO YOUR APARTMENT – DOORS WILL SHUT THROUGH OUT THE BUILDING AND THERE WILL BE NO ALARMS



FIESTA DIP

- 2 lg cans of chicken – drained
- 1 jar Salsa
- 1 - 8oz cream cheese
- 1 can black beans – rinsed and drained

Add Salsa and cream cheese to a saucepan and cook on low heat until well mixed. Add Chicken and black beans. Stir until well mixed. Serve hot with tortilla chips

If you have a simple recipe with 5 ingredients or less that you would like to share please submit it to Michelle in the office.

Robert Strom will be here to help you with your Medicare and Medicaid questions. Come down March 12th from 11am – 2pm in the Community Room for your personal consultation.

Learn about the new Medicare changes for 2009.



We are starting to collect candy and other items to make Easter baskets for Inner Parish Ministries.

We will be accepting donations until April 6<sup>th</sup>. You can drop your donations off to Dee or in the office.

Please contact Dee Houk at 376-8422 if you have any questions.

### **WHAT'S HAPPENING!**

- 3/3 – 11am – Catholic Mass in the Community Room (in place of 10am Communion) and reception to welcome Father Rey.**
- 3/9 – 9am – 11am - Health Fair Sponsored by Superior Care – watch your door for details**
- 3/9 – Join us for lunch at Olive Garden bus will leave at 11:30 am**
- 3/10 (East) & 3/24 (West) – The Exterminator will be here**
- 3/13 – Carpet Cleaners will be here**
- 3/20 – St. Patrick's Day Party – see board for details**
- 3/23 – 12:30 pm - Exercise for Arthritis in the Community Room**
- 3/26 –SEM Manor heat detectors will be tested - South Wing only**
- 3/29 – Good News Boys will be here.**

There are plans to have the Anderson Township Fire Department and the Sherriff's Department here to talk with SEM Manor Residents about fire safety and other issues. Please watch your newsletter or bulletin board for details.



The Carpet Cleaners will be here Friday, December 12<sup>th</sup> at 9:00am. Please call the office if you would like to have your carpet cleaned.

\$25.00 for a Studio Apartment

\$35.00 for a 1 Bedroom Apartment

They will also do Furniture – Call Ray at 659-1557 for pricing on cleaning furniture only.

Make checks payable to: A Touch Above Carpet Cleaning.



***DID YOU KNOW ... Coffee Filters are not just for making coffee ...***

- Cover bowls or dishes when cooking in the microwave. They make excellent covers.
- Clean windows and mirrors. The filters are lint-free so they'll leave windows sparkling.
- Protect a cast-iron skillet. Place a filter in the skillet to absorb moisture and prevent rust.
- Stop the soil from leaking out of a plant pot. Line pot with filter to prevent the soil from going through the bottom.
- Hold tacos. The filters make convenient wrappers for messy foods.
- Prevent a Popsicle from dripping. Poke one or two holes as needed in a filter.
- Put a few filters on a plate and put your fried bacon, French fries, chicken fingers, etc on them...the filters soak out all the grease.
- Filter broken cork from wine. If you break the cork when opening a wine bottle, filter it through a coffee filter.

## **GAMES**

# ST. PATRICKS DAY

T N O F D G C I N Y Z J P R  
H J O I R Z R U R B D A J E  
R V E R Q E L E N E T N Z V  
E D I D T E L E E R L B E O  
E P G N D A E S I N N A Y L  
E N I C J T P C I R Y F N C  
H A M D N D K E H R W E G D  
S I V E Y A D I L O H M B X  
R X V I V K W L R H X E I E  
M E P W B U D B L U T R Q Q  
S R N B Q A C X O Z D A E T  
O K Z Z B F M A R C H L L Y  
L R S H A M R O C K S D W S  
F M F O G F A E L T P F J M

CLOVER  
GREEN  
ISLE  
PATRICK  
SEVENTEEN

DIED  
HOLIDAY  
LEAF  
PATRON  
SHAMROCKS

EMERALD  
IRELAND  
MARCH  
SAINT  
THREE

*Courtesy of: [www.Best-Free-Word-Search-Puzzles.com](http://www.Best-Free-Word-Search-Puzzles.com)*

## GAMES CONT.

T N + + D G + I + + + + P R  
H + O I + + R + R + + A + E  
R + E R + E + E N E T + + V  
E D + + T + L E E R L + + O  
E + + N + A E S I N + A + L  
+ + I + + T P C I + + + N C  
+ A + + N + K + + + + E + D  
S + + E Y A D I L O H M + +  
+ + V + + + + + + + + E + +  
+ E + + + + + + + + + R + +  
S + + + + + + + + + A + +  
+ + + + + M A R C H L + +  
+ + S H A M R O C K S D + +  
+ + + + + F A E L + + + + +

**SUDOKU ANSWERS**

**WORD SEARCH ANSWERS**

T N + + D G + I + + + + P R  
H + O I + + R + R + + A + E  
R + E R + E + E N E T + + V  
E D + + T + L E E R L + + O  
E + + N + A E S I N + A + L  
+ + I + + T P C I + + + N C  
+ A + + N + K + + + + E + D  
S + + E Y A D I L O H M + +  
+ + V + + + + + + + + E + +  
+ E + + + + + + + + + R + +  
S + + + + + + + + + + A + +  
+ + + + + + M A R C H L + +  
+ + S H A M R O C K S D + +  
+ + + + + F A E L + + + + +